

## Human Astrovirus and Cryptosporidium Co-infection among Children with Gastroenteritis in Diyala Governorate

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### Abstract

**Background:** Gastroenteritis is the second leading cause of death in children under five years old. The highest mortality from diarrheal diseases in children lived crowded areas were poor sanitary and hygienic conditions found.

**Objective:** To determine the co-infections between human astrovirus and *Cryptosporidium* spp. among children with gastroenteritis below 5 years of age in the Diyala governorate.

**Patients and Methods:** A cross-sectional study was carried out for 100 patients with acute gastroenteritis who attended the Emergency Department of Pediatrics in Al-Batool Teaching Hospital for Maternity and Pediatric in Baqubah city, during the period from July 2019 to February 2020. Real time-PCR was used to detect human astrovirus while enzyme-linked immunosorbent assay was used to detect *Cryptosporidium* spp. A specific formula sheet was used to collect demographic data such as age, gender, mother education, and type of milk feeding.

**Results:** Out of 100 samples, 14 samples were positive for human astrovirus and 38 samples were positive for *Cryptosporidium*. The infection rate is more common in males (9 cases) (25cases) rather than females, and in age group less than years 11(78.58%) and 34(89.47%) respectively. Artificial feeding showed higher frequencies of infection than others in the study population. Co-infection astrovirus and *Cryptosporidium* found in four patients, all of whom were males aged under one-year and the difference was statistically significant with all parameters.

**Conclusion:** A high proportion of positive cases for human astrovirus and *Cryptosporidium* spp. were notes in males and the age group less than one year's co-infection showed high frequency in the study population.

**Keywords:** Gastroenteritis, human astrovirus, *Cryptosporidium*, co-infection

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## Introduction

Gastroenteritis is an inflammatory condition of the stomach and intestines as an infectious particle spread by close contact of persons, contaminated food or water, and infected surfaces or material [1]. Many microorganisms can cause gastroenteritis, such as bacteria, parasites, viruses, and fungus. However, viral gastroenteritis is regarded as most common one [2]. Human astrovirus (HAstV) virions are 28-35nm in diameter, non-enveloped and icosahedral symmetry, Astroviruses are non-segmented single-stranded positive-sense RNA viruses, it is now divided into two genera Mamastrovirus (MAstV), including viruses infecting mammals, and genus Avastrovirus (AAstV), including viruses infecting avian species [3]. Transmission of HAstV by the fecal-oral route or as person to person contact [4]. The primary site of human astrovirus replication seems to be the gastrointestinal tract, disseminated diseases, and encephalitis have been associated with infection with classic and non-classic astroviruses [5].

Co-infection involves globally serious diseases is concentrated among the poor and is often associated with worse host health and higher infections abundance than hosts with single infection [6]. Cryptosporidium is the second major cause of moderate to severe diarrhea in children under five years, and an important cause of mortality worldwide after Rotavirus [7]. The human cryptosporidiosis is caused by infection with apicomplexan protozoans of the genus *Cryptosporidium*. Human illness was formerly thought to be caused by a single species, but molecular studies have demonstrated that it is caused by

at least 15 different species [8]. *Cryptosporidium* is classified within the coccidian protozoan, direct and several indirect routes of transmission of *Cryptosporidium* have been identified [9].

In Iraq several studies have been carried out about co-infection; of these are Hussein et al., (2016) who studied cryptosporidiosis and co-infections with other parasites and rotavirus viral in Baghdad city [10], Hussein et al., (2018) who dealt with enteric virus co-infection with *Giardia lamblia* in Baqubah city, and the recent study of Harb et al., (2019) who focused on the relation between the bacterial, viral, and parasitic in stool specimens from children with acute diarrhea in Thi-Qar Governorate [11, 12]. So this study to determine the co-infections between human astrovirus and *Cryptosporidium spp.* among children with gastroenteritis below 5 years of age in Diyala governorate.

## Patients and Methods

A cross-sectional study was carried out for 100 patients with acute gastroenteritis who attended the Emergency Department of Pediatrics in Al-Batool Teaching Hospital for Maternity and Pediatric in Baqubah city, during the period from July 2019 to February 2020. Fresh stool samples were taken from 100 patients having acute diarrhea 56 were males and 44 were females under the age of five years old, are admitted during the study period.

### Viral RNA extraction

Viral RNA was extracted from stool samples using viral RNA using the (QIAamp Viral RNA Mini Kit - Germany).

## RT-PCR

Using in RT-PCR kit AmpliSens® Astrovirus-FRT. The total reaction volume is 25µl. The type of tubes depends on the type of PCR real-time instrument. Disposable filter tips were used for adding reagents, cDNA, and control samples into tubes. Reaction mixture: the components were mixed just before the analysis by calculating the required reaction number (including test and control samples). The reaction mixture consists of mix 10µl of RT-PCR-mix-1-FEP/FRT (RT-PCR-mix-1-FEP/FRT) Astrovirus, 5µl of RT-PCR-mix-2 FEP/FRT, 0.5µl polymerase (TaqF), 0.25µl TM-Revertase (MMIv) and 0.25RT-Gmix-2 according to kit instructions. Vortex the tubes thoroughly and make sure that there are no drops on the walls of the tubes. Then 15µl of the prepared mixture was mixed into the prepared tubes. Then 10µl of RNA was added to obtain at the RNA extraction stage to the prepared tubes using tips with aerosol

filter. Finally, the control amplification reactions were carrying out.

**NCA** /10µl of DNA-buffer was added to the tube labeled NCA (Negative Control of Amplification).

**C+Astrovirus** /10µl of Positive Control cDNA Astrovirus (C+ Astrovirus) was added (in case of using RT-PCR-mix- 1-FEP/FRT Astrovirus) to the tube labeled Astrovirus (Positive Control of Amplification).

**C- Astrovirus** /10µl of the sample extracted from the Negative Control (C-)reagent was added to the tube labeled C- (Negative control of Extraction).

Create a temperature profile on Amplification program was done by Rotor-type instruments as follows: Fluorescent signal is detected in the channels for the FAM and JOE fluorophores, the fluorescence channel sensitivity was regulated then tubes were inserted into the reaction module of the device finally run the amplification program with fluorescence detection and Analyze results after the amplification program.

**Table (1):** Thermal program for RT-PCR

Step	Temperature, °C	Time	Repeats
1	50	30 min	1
2	95	15 min	1
3	95 60 72	10s 25 s fluorescent signal detection 10s	45

## Enzyme- linked immune sorbent assay

Sandwich enzyme-linked immune sorbent assay by using RIDASCREEN Cryptosporidium 3<sup>rd</sup> generation (Cat No. C1201- Germany) according to manufacturing instruction.

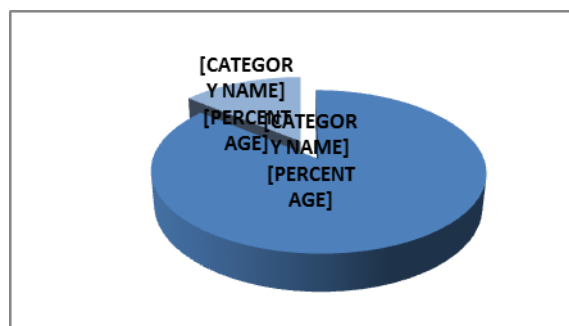
## Statistical analysis

All data were analyzed using the statistical package for social sciences (SPSS), version 22. A Chi-square test was used to find out the effect of different patients' criteria on the reading of each test.

## Results

The rate of human astrovirus infection was 14% (14 out of 100) samples tested using real-time polymerase chain reaction among children under five years old. The rate of human astrovirus infection among males 9(64.29%) was higher than females 5(35.71%) and statistically significant. The

age of patient ranged from 1month to 60 months, the positive result 11(78.57%)was in the age group 1-12 month and 3 (21.43%) their age was 13-24months, while no positive cases among other age groups, statistical analysis showed highly significant differences as shown in Figure (1) and Table (2).



**Figure (1):** Infection rate of human astrovirus using real time polymerase chain reaction technique

**Table (2):** Distribution of human Astrovirus according to their age and gender

Variable factors		Study population No. (%)	Positive No. (%)	P-value
<b>Gender</b>	Males	55	9(64.29)	8.538 ** (0.0067)
	Females	45	5(35.71)	
<b>Age group (month)</b>	1-12	90	11(78.57)	12.641 ** (0.0001)
	13-24	6	3 (21.43)	
	25-36	3	0	
	37-48	1	0	
<b>Total</b>		100	14 (100)	

\*\* (P<0.01)-Highly significant.

Patients with gastroenteritis were divided into three groups according to the various types of feeding, the highest infection rate of human astrovirus was noticed in patients who used artificial feeding 13(92.86%) followed

by breastfeeding 1(7.14%), while there were no positive cases in children with mixed feeding. However, the statistical analysis did not yield any significant differences among these groups as shown in Table (3).

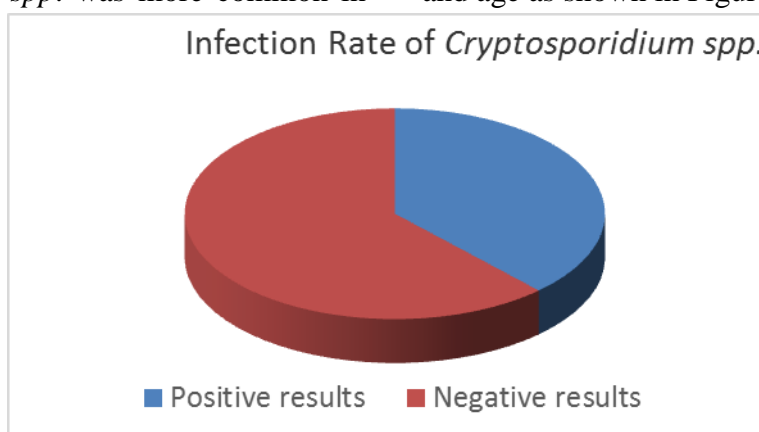
**Table (3):** Distribution of human astrovirus results according to type of feeding

Type of feeding	Total No.	Positive No. (%)	Negative No. (%)	P-value
Breast feeding	8	1(7.14)	7 (8.14)	14.619 ** (0.0001)
Artificial feeding	74	13(92.86)	61(70.93)	
Mixed feeding	14	0	14(16.28)	
Tablet	4	0	4(4.65)	
Total	100	14(100)	86(100)	

\*\* (P<0.01)-Highly significant.

One hundred patient with diarrhea was examined by enzyme-linked immunosorbent assay to detect *Cryptosporidium spp.* and the result of the present study was demonstrated that 38% of stool samples were positive for *Cryptosporidium spp.*, The infection rate of *Cryptosporidium spp.* was more common in

males 25(65.79%) than females 13(34.21%). The highest infection rates (89.47%) were noticed in age group (1-12 months) followed by 3 (7.90%) within the age group (13-24 months). The statistical analysis showed highly significant differences among gender and age as shown in Figure (2) and Table (4).



**Figure (2):** Infection rate of *Cryptosporidium spp.* using ELISA technique

**Table (4):** Distribution of *Cryptosporidium spp.* according to age, gender

Variable factors	Total No.	Positive No. (%)	Negative No. (%)	P-value	
Gender	Males	55	25(65.79)	8.704 ** (0.0069)	
	Females	45	13(34.21)		32(51.61)
Age group (months)	1-12	90	34(89.47)	13.569 ** (0.0001)	
	13-24	6	3 (7.89)		3(4.84)
	25-36	3	1(2.63)		2(3.23)
	37-48	1	0		1(1.61)
Total	100	38 (100)	62 (100)		

\*\* (P<0.01)- Highly significant.

Distribution of *Cryptosporidium spp.* infection, according to different sources of feeding types were shown in Table 5. The highest infection rate was noticed among

patients who used artificial feeding 29(76.31%) followed by mixed feeding 8(21.06%) and the differences were statistically significant at P<0.01.

**Table (5):** Distribution of positive *Cryptosporidium* spp. cases according to feeding type

Type of feeding	Total No. (%)	Positive No. (%)	Negative No. (%)	P-value
Breast feeding	8	1(2.63)	7(11.30)	12.683 ** (0.0001)
Artificial feeding	74	29(76.31)	45(72.58)	
Mixed feeding	18	8(21.06)	10(16.12)	
Total	100	38(100)	62(100)	

Regarding co-infection between human astrovirus and *Cryptosporidium* spp, 4 cases showed co-infection between two pathogens, all of them were from males and in age

group (1-24) months as well as with illiterate mother in terms of their educational level, as shown in Table (6).

**Table (6):** Distribution human astrovirus and *Cryptosporidium* spp. co-infection according to demographic characteristics

Characteristics	Total Number of children	Human Astrovirus and <i>Cryptosporidium</i> Positive No. (%)	Chi-Square $\chi^2$ : (P-value)
<b>Gender</b>	Male	4 (100)	15.00 ** (0.0001)
	Female	0	
<b>Age</b>	1-12 month	4 (100)	15.00 ** (0.0001)
	13-24 month	0	
	25-36 month	0	
	37-48month	0	
<b>Mother educational level</b>	Illiterates	4(100 %)	15.00 ** (0.0001)
	Primary education	0 (0%)	
	Secondary education	0 (0%)	
	High education	0 (0%)	

## Discussion

The current study found out that the infection rate of human astrovirus was 14 % depending on the real-time polymerase chain reaction result of stool samples from children with gastroenteritis who were admitted to Al-Batool Teaching Hospital for maternity and children in the Diyala governorate. This result was similar to the result of Zaki and El-Kheir (2017) who reported 14% by multiplex reverse transcriptase-polymerase chain reaction in Egyptian children below five years old with diarrhea [13]. Furthermore, the result is comparable with several studies that

were conducted in different areas, such as the study of Al-Shuwaikh, (2016) who reported a rate of 14.36% via using enzyme-linked immunosorbent assay and chromatographic immunoassay among patients with acute diarrhea in Baghdad [14].

The infection rate of human astrovirus in the current study is relatively low compared to that obtained by Fadhil et al., (2020) who figured out positive astrovirus of 59.2% by RT-qPCR in Baghdad [15] and El-Mosallamy et al., (2015) who found out that 66.7% of human astrovirus resulted from co-

infection with Bocavirus of Infantile in Egypt [16]. On the other hand, the result of this study is high compared with the data reported by Iraqi researchers; such as Hussein et al., (2018) who did not record any positive cases among children with diarrhea in Diyala province [11] and Thewiny et al., (2014) who reported 2.6% of human astrovirus among hospitalized children under five years old in Basrah city [17]. These differences could be attributed to the fact that, the virus varies from one region to another and from year to year due to diversity in the study which excelled it. These can cause age layer's effectiveness of variance in drugs, their effects, the sampling season as well as the type of adopted technique and sample size.

In terms of gender, it has been found that human astrovirus infection in males 9(64.29%) was more than in females 5(35.71%) and the difference was statistically significant. This result seems to be similar to those conducted in other Iraqi studies such as Thewiny et al., (2014) in Basra [17], and Al-Sadawi et al., (2017) in Najaf [18]. These indicate that infection rates in males are more than in females because of the environmental condition, immune status, nutrition and which are mixed compared to females who are more mobile and integrated with the surrounding environment that may be contaminated with pathogens.

Regarding the age of patients, it has been found that human astrovirus infection rates were high 11(78.58%) in the age group (1-12 months) when compared to other age groups, yet still, such differences were statistically significant. This result was comparable with the results of many Iraqi studies like Al-

Sadawi et al., (2017) in Najaf [18] and Fadhil et al., (2020) in Baghdad [15]. This is due to the notion that viruses tend to spread to the hands that have touched the stools of the infected person or surfaces contaminated with infected stools, especially parents who prepare meals in bowls with their hands without commitment to personal hygiene.

According to the type of feeding, artificial feeding has the highest frequency of 13 (92.86%) among other types of feeding and the difference was statistically significant. This result is in harmony with other Iraqi studies such as, Harb et al., (2019) in Thi-Qar Governorate [12], and Tuky et al., (2019) in Karbala [19]. Breast milk is the ideal food for infants. It is safe, clean, and contains antibodies that help protect against many common childhood illnesses. Breast milk provides all the energy and nutrients that the infant needs for the first months of life, and it continues to provide up to half or more of a child's nutritional needs during the second half of the first year, and up to one third during the second year of life (WHO, 2019)[20].

The infection rate of *Cryptosporidium spp.* was (38%) using ELISA technique. This percentage was comparable with many studies conducted in different Iraqi cites; such as Rahi et al., 2013 who reported 33.83 % among children by modified Ziehl-Neelsen acid-fast stain and ELISA in Wasit Province [21], Al-Difaie (2015) who recorded (39.2%) using conventional PCR technique in Al-Qadisiya Governorate [22]. The infection rate of *Cryptosporidium* in this study is relatively low if compared with the data reported by Rahi and Raheem (2013) who reported (50%)

among children in Wasit Province [23], Sayal (2019) who recorded an infection rate of 58% in Najaf [24]. The rate of *Cryptosporidium* infection in this study was high if compared to the data reported by Obiad et al., (2019) who recorded 0.98% in Kirkuk [25], Al-Khuzaey and Al-Aboody, (2019) who reported (19.8%) as infection rate in Thi-Qar [26], Al-Mounasi, (2018) who recorded 23.8% in Basra [27], Mohammed et al., (2016) who stated 24% in Al-Qadisiya [28]. In general, the difference in the rates of *Cryptosporidium spp.* infection between this study and other studies can be explained on the basis of similarity and difference in the different climatic conditions of the site, variations in the nutritional status, immunity of the patient, health habits, health supplies, socioeconomic status as well as the type of techniques adopted in the detection and sample size.

As for gender distribution, it has been found that *Cryptosporidium* infection in males with a rate of 25(65.79%) was more than in females 13(34.21%) and the difference was statistically significant. This result is similar to those found out in other studies; such as Ali (2013) in Sulaymaniyah [29], Al-Kubaisy (2015) in Baghdad [30], and Salman et al., (2015) in Kirkuk [31].

Regarding the age, it has been found that *Cryptosporidium spp.* infection rates were high 34(89.47%) in the age group less than one year. This result was in agreement with the studies of Rahi et al., (2013) in the Kut [32], and Saleh et al., (2017) in Erbil [33]. Children at this age do not realize the things that may be contaminated and play with anything without realizing that it may be

contaminated with oocyst. It is also difficult to control their behavior all the time in addition to the contamination of bottles of milk in artificial feeding as well as crawling on a land packed with pollutants.

The type of feeding was considered in the current study. So, basically, the positive outcome of the *Cryptosporidium spp.* was higher in patients who used artificial feeding 29(76.31%) than others and the difference was statistically significant. This study agreed with the studies of Rahi and Raheem (2013) in the Kut [23] and Tukey et al., (2019) in Karbala [19]. This feeding type is a fertile ground for transporting cyst in a very easy way. It is the most dangerous factor of cryptosporidiosis in children if it is prepared by an infected person, which facilitates transmission. This explains the importance of breastfeeding because it is safe, clean, nutritious, and provides protection from infections because it strengthens the immune system and gives antibodies against infection. The results of the present study showed that 4 cases had co-infection between astrovirus and *Cryptosporidium* that detected in males and children less than one year old. The study is comparable to the studies of Pativada et al, (2012) who reported that 5 cases had co-infection between human astrovirus and *Cryptosporidium* among infants, children and adults hospitalized with acute watery diarrhea in India [34]. According to gender distribution, the results of this study agreed with the study done by Hawash et al., (2017) in Korea [35], while they disagreed with Anna et al., (2019) in Laos [36]. It reported that females are more subject to infection than male's co-infection enteric virus and



*Cryptosporidium spp.*, due to an increased level of immunity which can be beneficial in protecting against and removing a proportion of pathogens.

Regarding to age Pediatr et al., (2019) showed that the co-infection between Astrovirus and other enter viruses is most common under 2 years [37], while Mozhgani et al., (2012) in Iran [38], Vu et al., (2020) in Spain, proved that the vast majority of children had co-infection with human astrovirus while they were one year old and under [39]. This may be related to the reality that in the lower age groups, infection of human astrovirus, and *Cryptosporidium spp.* Therefore, according to this study, the rate of co-infections of human astrovirus and *Cryptosporidium spp.* were considered in some certain areas, due to the fact that prevention methods for both are similar. Improvements in sanitation, especially hand washing, and vaccinations for astrovirus will reduce the infections with this virus. Co-infection co-incidence with this virus appears in cases of contamination of food and drinking water in this region. So, improvements in sanitation and vaccinations may reduce the incidence of this virus.

## Conclusions

In conclusions, high proportion of positive cases for human astrovirus and *Cryptosporidium spp.* were notes in males and age group less than one year's co infection showed high frequency in study population.

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